Step One: The outcome I am addressing in this worksheet is:

**Occupation**
- Apply knowledge of occupational science to promote health and well being

**Reasoning**
- Analyze the reasoning used in the design of occupations
- Demonstrate reflection-in-action
- Demonstrate procedural reasoning
- Demonstrate ethical reasoning

**Diversity**
- Collaborate with diverse people
- Express an understanding of the effect of conditions on occupation
- Demonstrate knowledge of global and community health issues
- Apply knowledge of public policy and the political process to professional activities

**Communication**
- Demonstrate professional communication
- Analyze the influence of communication on professional actions

**Professional Identity**
- Demonstrate professionalism
- Evaluate your actions as an advocate, educator, leader and researcher

Step Two: A brief description of a learning experience that helped me achieve this outcome is:

Step Three: How I progressed toward or was able to achieve the outcome identified in Step 1 through the learning activity described in Step 2: