OTS 479S Equine Assisted Activity

Catalog description

Explores equine assisted activity, therapeutic horseback riding, equine-facilitated mental health, and hippotherapy. Content includes supervised service learning experiences with individuals of varying ages and conditions in a horse-related environment. Credit will not be awarded for both OTS 479 and 479S.

Student Learning Outcomes

Upon completion of the course, the learner will:
1. Define and discuss the various terms, key concepts, and perspectives associated with the equine activity and therapy industry.
2. Recognize and differentiate the different methods of horse partnership for effective equine assisted activity and therapy.
3. Understand and analyze the movement and sensory system of the horse as it relates to human movement and cognitive behavioral responses.
4. Incorporate knowledge of the horse and disabilities with hands-on participation (service learning) in therapeutic horseback riding or hippotherapy sessions.
5. Distinguish various possibilities for personal and professional involvement in the fields of equine assisted activity, therapeutic riding industry, or occupational therapy with a clinical emphasis in hippotherapy.
6. Discover and critique various resources, evidence of effectiveness, and references for future involvement and education.